

My name is Laurel Sage, I am a 37 year old mother of two loving, energetic little boys. I've been in the military for 16 years and currently I'm a reservist. I've served 2 deployments as a MEDEVAC Pilot. I also have a Bachelor's in Special Education.

So what does a Special Ed teacher/Blackhawk Pilot do after returning from a deployment and wanting to spend more time with her family? I prayed a lot and kept coming up with the same answer - Massage Therapy school. I attended the full time program at HACC in Harrisburg, Pa and graduated in May of 2013.

Moving to Virginia right after graduation, I have spent my entire career in the Richmond area accumulating over 1300 hours of massage experience. I currently work alongside two amazing chiropractors and therapeutic massage has become my favorite modality. I am very skilled in deep tissue, prenatal, hot stone, sports, and Swedish massage. I have recently become certified in Oncology Massage and the Aromatouch Technique. Aromatherapy is another passion of mine and I will be a certified Aromatherapist by the end of this summer!

Integrity, respect, communication and dedication are the cornerstones of my personal and professional life. My passion for helping others shines through in my care for you.

I am excited to serve you!